

JANUARY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

LJHS Breakfast

Breakfast after the bell: breakfast is offered for students until 20 minutes after the start of school.

Items underlined are made from scratch

Items with ** are made with local foods

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

1

No School

2

No School

3

No School

4

Cereal or Bagel
Fruit
Juice
Milk

5

Scrambled Eggs
Toast
Fruit
Milk

8

**Pancakes w/ syrup
Fruit
Milk

9

**Pumpkin Bread
Yogurt
Fruit or Smoothie
Milk

10

**Blueberry Muffin
Fruit or Smoothie
Milk

11

French Toast Bake w/
syrup
Fruit
Milk

12

Scrambled Eggs
**Sausage Patty
Toast
Fruit
Milk

15

No School

16

**Granola Bar
Fruit Parfait
Fruit or Smoothie
Milk

17

**Banana Bread
Fruit or Smoothie
Milk

18

**Breakfast Taco
Fruit
Milk

19

**Apple Bread
Fruit or Smoothie
Milk

22

**Chocolate Chip Bread
Juice
Fruit or Smoothie
Milk

23

**Breakfast Bake
Toast
Fruit
Milk

24

French Toast Bake w/
syrup
Fruit
Milk

25

**Cinnamon Roll
Fruit or Smoothie
Milk

26

**Sausage Frittata
Toast
Fruit
Milk

29

**Pumpkin Chocolate Chip Bread
Fruit or Smoothie
Milk

30

**Breakfast Quesadilla
Fruit
Milk

31

**Chocolate Muffins
Fruit or Smoothie
Milk

